



PTIMES

AN INITIATIVE OF PAADARIVOM PADIPPARIVOM

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MAKE A DIFFERENCE TO A LIFE - ACT NOW

We at Paadarivom Padipparivom are organizing this massive record breaking event, SING-A-THON 2023 (Oct 18-22), 108 hours of continuous singing, for the AWARENESS and PREVENTION of breast cancer.

[Read More - Page 3](#)

A SONG IN LIFE...!! - PADMANABHAN (PADDY)

I am a Music Lover !!! Life teaches and shares knowledge from everything and Music is no exception. Here is my rambling on what Music can do to make your life Better.

[Read More - Page 4](#)

SANGEETHA SWARANGAL - A SOLO COMPETITION

We have a fantastic competition coming your way, from an exciting venue with ample car parking and great facilities.

It's a SOLO COMPETITION and we can definitely expect some fireworks from our PARTICIPANTS, over a series of rounds.

We can assure you that the line up of songs is going to be extremely different, for its been constructed in such a way that it would test their intellect and yet, entertain us all

A lot of variety performances are also in store for our audiences. A few dance performances, variety entertainment and the like.

So, drop in to the venue and catch all the action.

And the ICING ON THE CAKE - a lot of CELEBRITIES are going to grace the event. If you have been following digital media influencers, you will be really happy to note that there are quite a few, who are going to be part of this gala event. We also have a fantastic bunch of judges for the event. The stage is set and the stakes are quite high. So, you just can't miss this one.

Be there and enjoy a day of grand music!



Venue :

The Spastics Society of Tamilnadu
CSIR Rd, Tharamani, Chennai, 600113

Date & Time :

On 9th September (Sat),
from 9:00 am - 7:00 PM



உங்களை ஒன்று கேட்போம்
விடையை சொல்ல வேண்டும்!

MUSICAL QUIZ #30

1. Name the Movie in which Goundmani appeared for the First time on the screen.

2. Madhuvin mayakkamae Unadha madiyil inimeI
Ivaldhaan Charanam charanam - Find the song.

3. One day I saw you on the moon, Strolling and
swinging is your youth - Find the tamil song

Please send in your answers to these questions to
music@learn2learn.in, clearly mentioning your full
name, contact number and location with the
Subject PP Times - Quiz #30 and ~WIN PP
Merchandize

Answers for Quiz #29

1. Name the first Tamil singer who won a National
award - **P. Susheela**

2. Poongodhaiyin nenjodu nee Ini ennaalumae
kondaadalaam - **Song : Germanyin Sendhen Malare**

3. I moan yesterday night I lost my previous day's
sleep - **நேத்து ராத்திரி தூக்கம் போச்சிடி நேத்து
ராத்திரி யம்மா தூக்கம் போச்சிடி யம்மா**



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சீர்கமபதந்



கோத்து வீடு!! Find the tamil songs #28



Please send in your answers to these questions to
music@learn2learn.in, clearly mentioning your full name, contact
number and location with the Subject PP Times - Connection #28 and ~
WIN PP Merchandize

Answers for Connection #27



MAKE A DIFFERENCE TO A LIFE - ACT NOW

Paadarivom Padipparivom™ 

SINGATHON 2023

108 HOURS SINGING MARATHON

by Paadarivom Padipparivom in association with India Turns Pink, Kalyanmayee, Airports Authority of India and Manila Tamil Sangam.

Who are we? We (Paadarivom Padipparivom) are a music community with a sole vision of making people across the globe, truly happy through music!

- 1 To provide breast cancer screening for 10,008 women, during Oct 2023 for 31 days.
- 2 To have a breast cancer free India by 2030.
- 3 Performances by PP Team Members, Schools, Colleges, Corporates, Doctor Communities, Airline Community & Special Performances.

365 rupees is all that it takes for 1 BREAST CANCER SCREENING

DONATE TODAY for a BREAST CANCER FREE INDIA by 2030

If you would like to volunteer for this noble cause, get in touch with us!

TO CONTRIBUTE **SCAN ME** 

From 18th Oct'23 @10am to 22nd Oct'23 @10pm
Chennai International Airport, Domestic Terminal
Call : 866 801 8282
Web : Learn2learn.in

We at Paadarivom Padipparivom are organizing this massive record breaking event, SING-A-THON 2023 (Oct 18-22), 108 hours of continuous singing, for the AWARENESS and PREVENTION of breast cancer.

We aim to screen 10008 women during the event. And it just costs Rs.365/ screening.

How can you help this cause?

1. You can pay and get yourself or your close ones screened. Click this link to Contribute - <https://avegae.mojo.page/singathon2023>
2. You can sponsor whatever is possible(1 screening being the minimum) and we will use it to screen people who can't afford even screening costs.
3. If you are from a corporate, you can sponsor for the women in your organisation, who can in turn come and get themselves screened at the exclusively set up SING-A-THON SCREENING BOOTHS at the CHENNAI INTERNATIONAL AIRPORT.
4. If you, your company/your residential community / your groups of singing friends sponsor for 100 screenings (that is Rs. 36,500, we will be giving one hour of singing / singing slot dedicated to you/ your company/ community (Min 6 singers per one hour slot)
5. If you are an individual and interested in singing, contact us on 86680 18282

Let's join hands to make a difference!!!

Team PAADARIVOM PADIPPARIVOM™
Kadavul Amaitha Medai™



A SONG IN LIFE..!!

I am a Music Lover !!! Life teaches and shares knowledge from everything and Music is no exception. Here is my rambling on what Music can do to make your life Better. A single song can have a profound impact on your life and contribute to making it better in several ways:

Emotional Connection:

A song with meaningful lyrics or a moving melody can evoke strong emotions and resonate with your personal experiences. This emotional connection can help you feel understood, validated, and less alone in your feelings.



Padmanabhan Sundaram
(Paddy)



Mood Enhancement:

Upbeat and positive songs have the power to uplift your mood and boost your spirits. Listening to such songs can turn a gloomy day around and help you approach challenges with a more optimistic mindset.

Stress Relief:

Music has been proven to reduce stress and anxiety. Listening to a calming song can help soothe your nerves, slow down your heart rate, and promote relaxation, even during hectic times.

Motivation and Energy:

Energetic and motivational songs can provide the extra push you need to get through a tough workout, tackle a challenging task, or power through a busy day.

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Nostalgia and Memories:

A song from your past can transport you back in time, triggering memories and nostalgia. This can be a comforting and heartwarming experience, reminding you of happy moments and people from your life.

Self-Expression:

Sometimes, a song can articulate your thoughts and feelings better than you can. Singing along or sharing the song with others can be a way to express yourself and communicate your emotions.

Inspiration and Reflection:

Thought-provoking lyrics or a beautifully composed piece of music can inspire you to reflect on your life, values, and aspirations. It might encourage you to make positive changes or pursue your passions.

Personal Growth:

A song with a meaningful message or a life-affirming theme can contribute to your personal development journey. It might encourage self-discovery, empathy, or a shift in perspective.

Connection with Others:

Sharing a favorite song with friends, family, or a partner can lead to meaningful conversations and deepen your connections. Music can be a powerful tool for bonding and creating shared experiences.

Coping Mechanism:

During tough times, a particular song can serve as a form of solace and provide comfort. It can remind you that others have faced similar challenges and have found ways to overcome them.

Creative Spark:

Certain songs can ignite your creativity, whether you're an artist, writer, or someone who enjoys creative hobbies. The melody or lyrics might inspire you to create something new.

Mindfulness and Meditation:

Gentle, ambient, or instrumental music can aid in mindfulness and meditation practices, helping you find inner calm and focus.

Remember that the impact of a song is highly personal and can vary from person to person. It's all about finding the songs that resonate with you and align with your emotions, experiences, and goals. Whether it's a song that makes you dance, reflect, or simply feel understood, the power of music to improve your life is undeniable.

Life is Good - Add Music to it !! it will be Great.

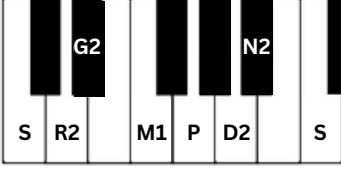
- Padmanabhan Sundaram (Paddy)



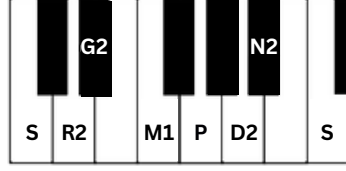


வாரம் ஒரு ராகம் - 27

ஆரோகணம்



அவரோகணம்



ராகத்தின்பெயர் : சஹானா
மேளகர்த்தா எண் : 28வது மேளமாகிய ஹரிகாம்போஜியின் ஜன்னியம்
ராகத்தின் இனம் : பெண்
ராகத்தின் நிறம் : வெண்மை நிறம்
ராகத்தின் சுவை : கருணைச் சுவை
ஆரோகணம் : ஸ ரி2 க2 ம1 ப ம1 த2 நி2 ஸ
அவரோகணம் : ஸ நி2 த2 ப ம1 க2 ம1 ரி2 க2 ரி2 ஸ
பாடுவதற்கு சிறந்த நேரம் : இரவு
பெயர்க் காரணம் : சஹானா என்றால் பொறுமை காத்தல் என்று பொருள்

கர்நாடக இசையில் பாடல்கள் சில :

1. வர்ணம் - கருணிம்ப,
2. பதம் - மேரகாது,
3. கிருதி - கண்டேன் கலிதீர்ந்தேன்

திரை இசையில் பாடல்கள் சில :

1. பார்த்தேன் சிரித்தேன்,
2. ருக்கு ருக்கு ருக்கு

Padmayam

Journey of the Soul



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YAMINNI N SANJEEV

Spiritual Facilitator & Coach



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In English we are giving the magnificent coaching to manifest the knowledge to the kids from class 1 to 10